

# ELEMENTARY LUNCH

# MAY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Chicken Nuggets w/ roll Potato Wedges Tossed Salad Orange</p> <p><i>Cheesy Chicken Rice/roll</i></p>	<p>4</p> <p>Chili w/cinnamon roll Tater Tots Veggie Sticks OR Salad Pineapple</p> <p><i>Meatball Sandwich</i></p>	<p>5</p> <p>INSERVICE</p> <p>NOON DISMISSAL</p>	<p>6</p> <p>Mr. Rib on a Bun Tater Tots Corn OR Salad Apple Rings</p> <p><i>Tater Tot Casserole/roll</i></p>	<p>7</p> <p>Sub Sandwich Potato Wedges Baked Beans OR Salad Dream Fruit</p> <p><i>Ravioli / wheat roll</i></p>
<p>10</p> <p>Chicken Patty on a Bun Cheesy Potatoes Broccoli Or Salad Cinnamon Applesauce</p> <p><i>Beef Stew / Biscuit</i></p>	<p>11</p> <p>Spaghetti /garlic toast Veggie Sticks Green Beans Pineapple</p> <p><i>Italian Chicken/garlic toast</i></p>	<p>12</p> <p>Pizza Mixed Veggies Tossed Salad w/ strawberries Apple</p> <p><i>Cavatini / garlic toast</i></p>	<p>13</p> <p>Chili Frito / roll Tossed Salad Corn Orange</p> <p><i>Smothered Steak</i></p>	<p>14</p> <p><b>BBQ DAY</b> Grilled Hamburger chips carrot sticks apple ice cream cup <i>Grilled Hot Dog on a bun</i></p>
<p>17</p> <p>Hot Dog on a Bun Tater Tots Peas OR Salad Mandarin Oranges</p> <p><i>Mac &amp; Cheese/wheat roll</i></p>	<p>18</p> <p>Burrito / wheat roll Corn Whole beans OR Salad Bananas &amp; strawberries</p> <p><i>Enchilada Cass./roll</i></p>	<p>19</p> <p>Salisbury Steak/ roll Mashed Potatoes/gravy Green Beans OR Salad Cinnamon Applesauce</p> <p><i>Chicken Alfredo / roll</i></p>	<p>20</p> <p>Cowboy BBQ/cornbread Carrot Sticks OR Salad Broccoli Fruit Cocktail</p> <p><i>Baked Potato/pretzel</i></p>	<p>21</p> <p><b>No elementary school today</b></p>
<p>24</p> <p>Soft Taco /wheat roll Tater Tots Lettuce Banana</p>	<p>25</p> <p>Chicken Sandwich Potato Vegetable Fruit</p>	<p>26</p> <p>Corn Dog Potato Vegetable Fruit</p>	<p>27</p> <p>Cold Sandwich Fresh Veggie Fresh Fruit Cookie</p>	<p>28</p>
<p><i>Strawberries - Super Food of the Month</i></p>		<p><b>HAVE A GREAT SUMMER!!</b></p>		<p><i>What is the very best sports drink for kids? WATER It's clean, cold, refreshing and has NO calories</i></p>

<p><b>Alternate Meal - Available Daily</b></p> <p> Monday - Pretzel Bites, Veggie Pasta Chocolate Pudding Tuesday - PB&amp;J</p> <p> Wednesday - Yogurt, Bagel, Cheese</p> <p> Thursday - Turkey &amp; Cheese Sandwich</p> <p> Friday - Pizza Dunkers</p>
---

Food Allergies – How much do you know? More than 3 million children have food allergies. The most common symptom of a food allergy reaction is hives  
Can include : tingling in the mouth, swelling of the throat & tongue, difficulty breathing, stomach cramps, vomiting, diarrhea, eczema

<p><b>Prices</b></p> <p>Student . . . . . \$2.05 Reduced . . . . . \$ .40 Adult . . . . . \$2.75 Milk . . . \$ .35</p>
--

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program.