

MIDDLE/HIGH SCHOOL LUNCH

MAY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Chicken Nuggets/wheat roll Potato Wedges Tossed Salad Choice of Fruit <i>Chicken Rice Cass/roll</i>	Chili / cinnamon roll Tater Tots Veggie Sticks OR Salad Choice of Fruit <i>Meatball Sandwich</i>	NOON DISMISSAL NO LUNCH	Mr. Rib on a Bun Tater Tots Corn OR Salad Choice of Fruit <i>Tater Tot Cass. /roll</i>	Sub Sandwich Potato Wedges Baked Beans OR Salad Choice of Fruit <i>Ravioli / roll</i>
10	11	12	13	14
Chicken Patty on a Bun Cheesy Potatoes Broccoli OR Salad Choice of Fruit <i>Beef Stew / biscuit</i>	Spaghetti/garlic bread Green beans OR Salad Veggie Sticks Choice of Fruit <i>Italian Chicken/g. bread</i>	Pepperoni Pizza Tossed Salad w/ strawberries Mixed Veggies Choice of Fruit <i>Cavatini /garlic roll</i>	Chili Frito / roll Tossed Salad Corn Choice of Fruit <i>Smothered Steak / roll</i>	BBQ DAY Grilled Burger on a Bun Potato Salad Baked Beans OR Salad Choice of Fruit <i>Grilled Hot Dog on a Bun!</i>
17	18	19	20	21
Hot Dog on a Bun Tater Tots Peas OR Salad Choice of Fruit <i>Macaroni & Cheese / roll</i>	Burrito w/ wheat roll Corn Whole Beans OR Salad Choice of Fruit <i>Enchilada Cass. /roll</i>	Salisbury Steak w/ roll Mashed Potatoes/gravy Green Beans OR Salad Choice of Fruit <i>Chicken Alfredo/roll</i>	Cowboy BBQ/cornbread Carrot Sticks OR Salad Broccoli Choice of Fruit <i>Baked Potato/ pretzel</i>	Sausage Pizza Spinach Cobbler Choice of Fruit <i>Tuna Wrap</i>
24	25	26	27	28
Soft Taco / roll Tater Tots Lettuce Choice of Fruit	Chicken Sandwich Potato Veggie Fruit	Corn Dog Potato Veggie Fruit	NO SCHOOL FOR MIDDLE AND HIGH SCHOOL	HAVE A GREAT SUMMER!!
	What is the best sports drink? WATER It's clean, cold, refreshing and has NO calories		SANDWICH MENU	SALAD MENU
			M - TURKEY CLUB BAGEL T - CHICKEN WRAP W - TURKEY WRAP TH - CHICKEN WRAP F - TURKEY CLUB BAGEL EVERYDAY - PB&J	M- Chicken Oriental T - Turkey & Ham Chef W - Peppercorn Chicken Th - Turkey & Ham Chef F - Fried Chicken

Available Daily
 Pizza, Sandwich, & Salad Meals

ALL Ala Carte Items
 CASH ONLY

1% white, chocolate, strawberry skim milk

Food Allergies – How much do you know? More than 3 million children have food allergies. The most common symptom of food-allergy reaction is hives.

Other symptoms include: tingling in the mouth, swelling of the tongue & throat, difficulty breathing, stomach cramps, vomiting, diarrhea, eczema

Lunch Prices

Student \$2.15
 Reduced \$.40
 Adult \$2.75

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