


AUGUST / SEPTEMBER 2010

WELCOME BACK!

Revere Elementary School Breakfast & Lunch Menu

If you have any questions, please call the Director of Dining Services: KEN DUBE at: 781-286-8260

Monday	Tuesday	Wednesday	Thursday	Friday
	31 First Day of School! Chicken Nuggets / Roll Dipping Sauce Corn Niblets Tuna Sub	SEPT 1 Baked Mac & Cheese Dinner Roll Peas Egg Salad on Wheat	2 French Bread Pizza Vegetable Chicken Salad Pocket	3 <p align="center"><i>No School</i></p>
Weekly Alternate for Week of: 8/31-9/3		Rib-B-Q a Bun w/ Vegetable, Fruit & Milk		
6 <p align="center"><i>No School</i></p>	7 Hot Dog/Bun Mixed Veggies Potato Chips Tuna on Wheat	8 Baked Ziti Dinner Roll Green Beans Italian Cold Cut Sub	9  Jumbo Taco Spanish Rice Fresh Apple Egg Salad on Wheat	10 Homemade Cheese or Pepperoni Pizza Tossed Garden Salad Chicken Salad on Pita
Weekly Alternate for Week of: 9/6-9/10		Grilled Cheese Sandwich w/ Vegetable, Fruit & Milk		
13 Chicken Patty On a Bun Carrot Coins Bologna & Cheese	14 Super Sized Hot Grinder Oven Fries Italian Cold Cut Sub	15  Pasta w/ Meat Sauce Garlic Breadstick Tossed Garden Salad Turkey on Wheat	16 Ham & Cheese Croissant Corn Niblets Chicken Salad Pocket	17 French Bread Pizza Tossed Garden Salad Tuna Sandwich
Weekly Alternate for Week of: 9/13-9/17		Meatball Sub w/ Vegetable, Fruit & Milk		
20 Chicken Teriyaki Dippers over White Rice Vegetable Egg Salad Sub	21  Sloppy Jo On a Bun Oven Fries Italian Cold Cut Sub	22 American Chop Suey Dinner Roll Vegetable Fresh Apple Chef Salad	23 Chicken Fajita w/Salsa Seasoned Corn Fresh Apple Yogurt, Pretzel & Cheese	24 Homemade Cheese or Pepperoni Pizza Tossed Garden Salad Tuna Pocket
Weekly Alternate for Week of: 9/20-9/24		Hot Grinder Sub w/ Vegetable, Fruit & Milk		
27 <i>Revere Beach</i> Cheeseburger/Bun Oven Fries Chicken Salad Sub	28 Meatball Sub Mixed Veggies Turkey on Wheat	29 Pasta w/ Meat Sauce Garlic Bread Peas Italian Cold Cut Sub	30 French Bread Pizza Tossed Garden Salad Tuna on Wheat	OCT 1 <p align="center"><i>No School Teacher Professional Day</i></p> 
Weekly Alternate for Week of: 9/27-9/30		Hot Dog on a Bun w/ Vegetable, Fruit & Milk		

 *"Balanced Choices meals" meet precise nutritional guidelines when all featured menu items are selected.*

Student Lunch: Grades K-5 \$2.00 / Reduced Lunch: \$.40 / Student Breakfast: \$.75 / Reduced Breakfast: \$.30 / Student Milk \$.60

Adult Breakfast: \$1.00 / Adult Lunch: \$3.00 / Adult Milk: \$.65

Unless otherwise indicated, all meals are offered with a choice of milk (skim, 1% low fat or low fat flavored), hot or cold vegetable and fresh or chilled fruit

Assorted Sandwiches Available Daily

-MENU SUBJECT TO CHANGE-