

## Revere Middle School Menu September 2010

If you have any questions, please call the Director of Dining Services: KEN DUBE at: 781-286-8260

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
  Traditional  Favorites  which may  include  hot or cold  vegetables  with  bread  assortment		First Day of School! <sup>31</sup>  Chicken Nuggets Dinner Roll Dipping Sauce Corn Niblets	SEPT 1	<sup>2</sup>  Rib-B-Q On a Bun Peppers & Onions Potato Chips	<sup>3</sup>  No School	
	<sup>6</sup>  No School	<sup>7</sup>  Double Dog Day! (2) Steamed Hot Dogs w/Buns Mixed Veggies Potato Chips	<sup>8</sup>	Baked Ziti Dinner Roll Green Beans	 <sup>9</sup>	<sup>10</sup>  Steak & Cheese Sub Veggie Stix
	<sup>13</sup>	<sup>14</sup>  Super Sized Hot Grinder Oven Fries	 <sup>15</sup>	Pasta w/ Meat Sauce Garlic Breadstick Tossed Garden Salad	<sup>16</sup>	<sup>17</sup>  Meatball Sub Potato Chips
	<sup>20</sup>	 <sup>21</sup>	<sup>22</sup>	American Chop Suey Dinner Roll Vegetable	<sup>23</sup>	<sup>24</sup>  Double Grilled Cheese Sandwiches Carrot Stix Potato Chips
		<sup>27</sup>	<sup>28</sup>	<sup>29</sup>	<sup>30</sup>	OCT 1
	Revere Beach Cheeseburger Pickles & Onions Oven Fries	Double Dog Day! (2) Steamed Hot Dogs w/ Buns Veggie Stix Potato Chips	Pasta w/ Meat Sauce Garlic Bread Peas	NACHOS GRANDE w/ Sour Cream & Salsa	CLOSED	
	Fresh baked Cheese, Pepperoni and Special Topping Pizza Available Daily Served with tossed salad or hot or cold vegetables					
	Daily Alternates Include: Hamburgers, Cheeseburgers, Chicken Patty on bun, Slice of Pizza Served with tossed salad or hot or cold vegetables					
	Assorted Salads and Sandwiches Available Daily served w/Vegetables					



*"Balanced Choices Meals" meet precise nutritional guidelines when all featured menu items are selected*

Student Lunch: \$2.50 / Reduced Lunch: \$.40 / Student Breakfast: \$.75 / Reduced Breakfast: \$.30 / Student Milk Price: \$.60

Adult Breakfast: \$1.00 / Adult Lunch: \$3.00 Adult Milk Price: \$.65

Unless otherwise indicated, all meals are offered with a choice of milk (1% low fat, or low fat flavored)

hot or cold vegetables and fresh or chilled fruit

-MENU SUBJECT TO CHANGE-